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A guide to services for Albertans with disabilities

Alberta

91-05316/

Message from the Associate Minister

The last few years have seen some great strides forward for Albertans with disabilities. We are seeing the beginnings of a truly integrated society where persons with disabilities participate in all aspects of our province's political, social, and economic life. I am proud to have been part of this movement.

As part of this process I am pleased to announce Family and Social Services' publication of a revised and updated "Guide to Services For Albertans with Disabilities". The Guide continues our government's commitment to full citizenship and full access to services for all Albertans.

I would like to thank the community agencies who work with the Government of Alberta to provide the valuable services listed in this guide. I would also like to thank all the persons whose efforts make the services listed in this guide possible. Their commitment to Albertans with disabilities and to a just and equitable society is something every Albertan can be proud of.

I sincerely hope that this guide will be of assistance to all Albertans who are claiming their future.

Yours very truly,

Roy Brassard
Associate Minister
Alberta Family and Social Services

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Introduction

This guide will help you become familiar with provincial services and programs. The first section of the guide describes government programs while the second section lists community services and other resources available to you.

Programs and agencies are continually changing. This guide contains the latest information available at the time of printing.

We welcome your evaluation of "A Guide to Services for Albertans with Disabilities". To send us your comments or suggestions, or to order additional copies of this handbook, write to

Alberta Family and Social Services
Communications
10th Floor, Seventh Street Plaza
10030 - 107 Street
Edmonton, Alberta T5J 3E4
Phone: 427-4801

For toll free RITE access refer to your AGT telephone directory listing under Government of Alberta.

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The Premier's Council on the Status of Persons with Disabilities

The Premier's Council represents the interests of people with disabilities by

- consulting people with disabilities, reviewing government policies and making recommendations to the provincial government about ways to help people achieve full participation in community life.
- engaging in public education about disabilities by public speaking, preparing and distributing position papers on issues, and other relevant activities.

The Council does **not** provide direct services to individuals with disabilities.

For information contact

The Premier's Council on the Status of Persons with Disabilities
#250, 11044 - 82 Avenue
Edmonton, Alberta T6G 0T2
Phone: 422-1095 (Voice or TDD)
1-800-272-8841 (toll free)

Alberta Advanced Education

Alberta Advanced Education is responsible for the coordination and/or provision of a wide range of educational activities which include services to disabled persons. These programs are available through local post-secondary education councils, Alberta vocational colleges, community vocational centres, technical institutes, public colleges, universities and several specialized institutions. Through the Students Finance Board, the Department administers special grants for disabled students.

The services and programs of Advanced Education and the province's post- secondary institutions are available to all Albertans including disabled persons. In order to assist disabled persons to become self-sufficient, the Department and post-secondary institutions have established programs, services and various resources as outlined below.

Training Programs and Courses

Some specially designed vocational training programs and social and personal skills courses are offered through nine Alberta post-secondary institutions to assist disabled persons in developing to their fullest potential. As well, courses for families with disabled members are available through Alberta's Further Education Councils. Further Education Councils are located in most areas of the province and offer courses of interest to adults to encourage self-development through learning. Call your Family and Community Support Services local office (see page 41) for the phone number of the Further Education Coordinator in your area.

Financial Assistance for Disabled Students

Sometimes a disability will result in extra costs or limit the income of a student. Financial assistance in the form of maintenance and/or disabled person grants, loans, scholarships and bursaries is available through the Alberta Students Finance Board.

Edmonton Area **Students Finance Board**
10th Floor, Baker Centre
10025 - 106 Street
Edmonton, Alberta T5J 1G4
Phone: 427-2740

Calgary Area **Students Finance Board**
805 - 9 Street S.W.
Calgary, Alberta T2P 2Y6
Phone: 297-6188

For toll free RITE access refer to your AGT telephone directory listing under Government of Alberta.

Maintenance grants, valued at a maximum of $6,000 for an eight-month academic year and $9,000 for a twelve-month academic year, are available to students with physical, mental or social handicaps and who, in the opinion of the Students Finance Board, require special assistance. Students considered for these grants include disabled persons. On the basis of need, grants (maximum $1,000/semester) may also be issued to students who require special assistance due to physical or mental disabilities.

■ Support Services Available at Post-Secondary Institutions

Some institutions provide services as the need arises, while larger institutions - which are mainly in Edmonton and Calgary - may provide more comprehensive programs and services. Institutions may make arrangements for pre-admission planning and orientation, counselling and information services, advocacy services, volunteer learning assistants, learning aids and equipment skills development workshops, test proctoring, health services, fitness programs, student housing and campus accessibility (e.g. parking, ramps, washrooms, etc.). Contact the registrar's office at the college, university or technical school you are interested in for information on services for disabled students.

■ Coordinators of Special Support Services for Students with Disabilities

Alberta Vocational College (AVC)
Student Services
332 - 6 Avenue S.E.
Calgary, Alberta T2G 4S6
Phone: 297-4011

Alberta Vocational College (AVC)
Student Services
10215 - 108 Street
Edmonton, Alberta T5J 1L6
Phone: 427-9531

Grande Prairie Regional College
Student Services
10726 - 106 Avenue
Grande Prairie, Alberta T8V 4C4
Phone: 539-2929

Grant MacEwan Community College
Student Services
Seventh Street Plaza, 10030 - 107 Street
Edmonton, Alberta T5J 3E4
Phone: 441-4610

Mount Royal College
Student Services
4825 Richard Road S.W.
Calgary, Alberta T3E 6K6
Phone: 240-6372

Northern Alberta Institute of Technology (NAIT)
Student Services
11762 - 106 Street
Edmonton, Alberta T5G 2R1
Phone: 471-7551

Red Deer College
Student Services
Box 5005
Red Deer, Alberta T4N 5H5
Phone: 342-3300

Southern Alberta Institute of Technology (SAIT)
Student Services
1301 - 16 Avenue N.W.
Calgary, Alberta T2M 0L4
Phone: 284-8821

University of Alberta
Student Services
Edmonton, Alberta T6G 2E8
Phone: 492-3381

University of Calgary
Student Services
Calgary, Alberta T2N 1N4
Phone: 220-6918

■ Adult Educational Institutions

For information on admission to Alberta's colleges, universities, and vocational colleges, contact

The Alberta Council on Admissions and Transfers
Room 430, 108 Street Building
9942 - 108 Street
Edmonton, Alberta T5K 2J5
Phone: 422-9021

For toll free RITE access refer to your local AGT telephone directory listing under Government of Alberta.

■ Correspondence Courses

For lessons, texts and equipment for elementary and high schools, apply to

Alberta Correspondence School
Box 4000
Barrhead, Alberta T0G 2P0
Phone: 674-5333

■ Transitional / Vocational Programs (for adults with mild developmental disabilities)

Alberta Vocational College
10215 - 108 Street
Edmonton, Alberta T5J 1L6
Phone: 427-5523

Fairview College
General Delivery
Fairview, Alberta T0H 1L0
Phone: 835-6600

Keyano College
8115 Franklin Avenue
Fort McMurray, Alberta T9H 2H7
Phone: 791-4900

Lakeland College
Vermilion Campus
Vermilion, Alberta T0B 4M0
Phone: 853-8400

Lethbridge Community College
3000 Community Drive South
Lethbridge, Alberta T1K 1L6
Phone: 320-3306

Medicine Hat College
229 College Drive S.E.
Medicine Hat, Alberta T1A 3Y6
Phone: 529-3811

Mount Royal College
4825 Richard Road S.W.
Calgary, Alberta T3E 6K6
Phone: 240-6869

Olds College
General Delivery
Olds, Alberta T0M 1P0
Phone: 556-8365

Red Deer College
Box 5005
Red Deer, Alberta T4N 2H5
Phone: 342-3115

■ Alberta Career Development and Employment

Alberta Career Development and Employment provides career development services, delivers training and employment programs, and regulates the certification of trades people.

■ Apprenticeship and Trade Certification

Apprenticeship is a combination of on-the-job training and technical instruction that leads to certification as a journeyman. The apprenticeship program administered by the Apprenticeship and Trade Certification division of Career Development and Employment provides on-the-job training in 48 of the 53 designated trades. Apprentices learn through a combination of on-the-job training and classroom instruction. For further information contact your local Alberta Career Development Centre (for help locating the Centre nearest to you, call the Career Information Hotline listed below).

■ Career Counselling and Information Services

Counsellors at Alberta Career Development Centres throughout the province provide individual assistance to help disabled persons explore their options. They provide career planning information, advice on how to access education and training resources, and a referral service.

The **Career Information Hotline** provides information on career planning, educational programs, occupational descriptions, job search skills, educational funding, and job creation and training programs. Dial O and ask for Zenith 22140 (or call 422-4266 in Edmonton). Hearing impaired clients call 1-800-232-7215 for message relay service (or 422-5283 in Edmonton).

■ Work Experience and Training Programs

Alberta Career Development and Employment funds three special programs to help disabled persons enter the labour force.

1. Employment Skills Program (ESP)

This program is jointly administered by Alberta Family and Social Services and Alberta Career Development and Employment and is designed to provide Family and Social Services clients with work experience and training for a six month period.

ESP jobs are provided by the provincial or municipal governments, school boards, post-secondary institutions, health authorities, auxiliary hospitals, nursing homes and Family and Community Support Services.

For further information, contact a worker in the Family and Social Services office nearest to you (see page 41).

2. Special Placement Work Experience Program (SPWEP)

This program assists disabled or age disadvantaged Albertans to obtain work experience which may help to secure permanent employment in the future. Positions which run for a six month period are provided by provincial government departments (Edmonton area only). For further information, please see page 32.

3. Vocational Rehabilitation for Disabled Persons (VRDP)

This program provides vocational training assistance to permanently disabled Albertans in order to enhance their employment opportunities within the job market. Depending on the individual's situation, financial assistance may include: the cost of tuition, books and a living allowance while attending school, a subsidy for on-the-job training, and the cost of any necessary workplace modifications.

To qualify, you must be an adult resident of Alberta and have a permanent disability which has prevented you from becoming employed. Vocational counselling is required before you can apply.

For more information, visit the Career Development Centre nearest you, or call the Career Information Hotline at 422-4266. To call toll free, dial O and ask for Zenith 22140.

Employment and Immigration Canada also provides employment programs for persons with disabilities. For more information, dial 0 and ask for Zenith 22105.

Alberta Culture and Multiculturalism

Talking Book Service

Alberta Culture and Multiculturalism's Library Services Branch assists Alberta public libraries in providing access to alternate format material for Albertans unable to read conventional print.

Talking Books are books recorded on cassettes. Each title is produced with the consent of the owner of the copyright and are for the sole use of persons unable to read print because of a visual or physical handicap. All disabled persons eligible for the service must register at their local public library in order to obtain Talking Books. For further information contact

Talking Book Service
Alberta Culture and Multiculturalism
Library Services
16214 - 114 Avenue
Edmonton, Alberta T5M 2Z5
Phone: 427-2556

For toll free RITE access refer to your local AGT telephone directory listing under Government of Alberta.

Alberta Education

To meet the individual needs of exceptional students, special education programs are provided by school authorities, with the support of Alberta Education.

All students in Alberta, including exceptional students, have a right to an educational program. School jurisdictions are responsible for providing a program for their resident students.

Alberta Education provides funding and curriculum resources for special needs children. In addition, the Alberta Education Response Centre, which is the special education branch of Alberta Education, provides a range of services in support of special education.

The Education Response Centre

provides services in the following areas:

- Information Services
- Alberta School for the Deaf
- Special Education Administration
- Guidance and Counselling
- Professional Development and Training
- Demonstration, Development, and Research
- Student Support Services
- Materials Resource Centres for the Visually Impaired

The Education Response Centre also provides up-to-date information on special education programs and related services in Alberta.

For more information on special education (including specialized schools), contact your local school board, the Education Response Centre, or the Regional Office of Education in your area.

Education Response Centre
6240 - 113 Street
Edmonton, Alberta T6H 3L2
Phone: 422-6326

Regional Offices of Education
(continued on next page)

Regional Offices of Education

Regional Office - Edmonton (Zones 2 and 3)
8th Floor Harley Court
10045 - 111 Street
Edmonton, Alberta
Mailing Address: Devonian Building
11160 Jasper Avenue
Edmonton, Alberta T5K 0L2
Phone: 427-2952

Regional Office - Red Deer (Zone 4)
3rd Floor West, Provincial Building
4920 - 51 Street
Red Deer, Alberta T4N 6K8
Phone: 340-5262

Regional Office - Calgary (Zone 5)
Room 1200, 615 MacLeod Trail S.E.
Calgary, Alberta T2G 4T8
Phone: 297-6353

Regional Office - Lethbridge (Zone 6)
200 - 5th Avenue S.
Lethbridge, Alberta T1J 4C7
Phone: 381-5243

Regional Office - Grande Prairie (Zone 1)
5th Floor Nordic Court
10014 - 99 Street
Grande Prairie, Alberta T8V 3N4
Phone: 538-5136

For toll free RITE access refer to your local AGT telephone directory listing under Government of Alberta.

Alberta Health

Alberta Health is responsible for developing, funding and providing health facilities, services and programs for Albertans.

Residents of Alberta registered under the Alberta Health Care Insurance Plan are eligible to receive a wide range of medical and hospital services at minimal or no cost. Some conditions and limits as to coverage or amount of paid benefits may apply in each case. (Where benefit year limitations exist for certain services, a benefit year runs from July 1 to June 30 of the following year).

Basic Health Services

All registered Albertans are eligible to receive

- medically required services of physicians and osteopaths;
- specified oral surgical procedures carried out by dental surgeons;
- optometric services consisting of three benefits;
  - a full eye examination (including refraction and the writing of a prescription for corrective lenses)
  - a partial examination
  - a single diagnostic procedure.

  Benefits are available once each benefit year to children 18 years and younger, senior citizens and their dependents, and widows/widowers receiving the Alberta Widows' Pension and their dependents. Benefits are available once every two benefit years to all remaining Albertans aged 19 through 64 years.
  The limits do not apply when the eye examination/procedure is medically required. Basic Health Services do not include the fitting or cost of glasses.
- chiropractic services to a maximum of $12.40 for each visit with a limit during each benefit year of $300 per person. This limit includes $20.50 for X-rays for each particular disability;
- approved podiatric services and appliances with a limit during each benefit year of $300 per person; and
- physical therapy services to a daily maximum of $20.20 per person, with a limit during each benefit year of $300 per person. These limits are waived for cases which are considered a continuation of hospital care under the joint referral of the attending physician and hospital physical therapy department, and for persons eligible for Extended Health Benefits.

■ Extended Health Benefits

In addition to premium-free Basic Health Benefits, Alberta Health provides Extended Health benefits free of charge to registrants aged 65 and older, their spouses and dependents, as well as to widows and widowers receiving the Alberta Widows' Pension and their dependents. The following benefits are paid in accordance with an approved schedule of rates:

- dental goods and services including restorative, surgical and prosthetic dental care and repairs to dentures. No more than $1,200 is payable on behalf of one person for any two consecutive calendar years. Within this limit, a complete or partial dental plate or a reset for a given arch is payable only once in every five years and a reline or rebase once in every two years;
- optical goods and services prescribed following an eye examination are required to maintain the prescription. A benefit for new eye glasses is not payable more than once in every three years unless the eye glasses have been accidentally damaged beyond repair or a change of prescription is necessary following eye surgery affecting vision.

For more information on dental and optical benefits, contact the

Extended Health Benefits Program

Edmonton Area
10025 Jasper Avenue
Box 1376
Edmonton, Alberta T5J 2Y6
Phone: 427-1470

Calgary Area
Room 210, 407 - 8 Avenue S.W.
Calgary, Alberta T2P 1E5
Phone: 297-6411

For toll free RITE access refer to your AGT telephone directory listing under Government of Alberta.

For further information on medical equipment and medical and surgical supplies and appliances, contact your Health Unit or Alberta Aids to Daily Living/ Extended Health Benefits (see page 14).

■ Hospital / Long Term Care Services

All basic in-patient and out-patient services at active treatment hospitals are covered. A moderate per-day charge paid by residents of long term care facilities provides access to the regular care and services of these institutions. For more information call

Long Term Care Institutions
15th Floor, 10025 Jasper Avenue
P.O. Box 2222
Edmonton, Alberta T5J 2N3
Phone: 427-7128

For toll free RITE access refer to your local AGT telephone directory listing under Government of Alberta.

■ Temporary Absence From Alberta

Health provider and active treatment hospital services are also available to Alberta residents when they leave the province:

- to travel, for up to one year;
- to go on educational leave, for up to two years;
- to enroll as a full-time student at an accredited educational institution with the intention of returning to Alberta (for the period of the absence).

Important: Claims for health care provided out-of-country are paid at Alberta rates. Health care and hospital bills outside Canada can exceed the Alberta rates. For this reason, supplementary travel insurance through private insurance companies is advised when travelling outside Canada.

For more information, contact Alberta Health. For toll free RITE access refer to your AGT telephone directory listing under Government of Alberta.

Edmonton Area

Health Care Insurance
10025 - Jasper Avenue
Box 1360
Edmonton, Alberta T5J 2N3
Phone: 427-1432

Hospital Services
10025 Jasper Avenue
Box 2222
Edmonton, Alberta T5J 2P4
Phone: 427-7164

Calgary Area

Health Care Insurance
#210, 407 - 8th Avenue S.W.
Calgary, Alberta T2P 1E5
Phone: 297-6411

■ Health Units

Health Units provide a wide range of health related services including expectant parent classes, health counselling, child health programs, immunization, and speech-language pathology.

Your local Health Unit can be located through your AGT telephone directory under Government of Alberta, or through

Health Unit Association of Alberta
Room 412, 9707 - 110 Street
Edmonton, Alberta T5K 2L9
Phone: 482-2391

■ Public Health Services

Alberta's public health services are delivered through 27 Health Units and the Public Health Division. In addition, support is received by certain community organizations which are involved in service provision for individuals with specific needs.

The role of the Public Health Division includes coordination, consultation, program development, evaluation and financial

accountability. The Health Units are funded entirely by the provincial government.

The programs offered by Health Units and/or the Public Health Division are as follows:

- Alberta Aids to Daily Living/Extended Health Benefits
- Community Health Nursing
- Communicable Disease Control (including STD services, services for those affected by HIV infection/AIDS and TB Control)
- Dental Health
- Early Intervention
- Environmental Health Services
- Health Promotion
- Hereditary Diseases
- Home Care/Community Long Term Care
- Nutrition
- Sexual Health
- Speech-Language Pathology and Audiology

1. The Alberta Aids to Daily Living/Extended Health Benefits Programs

The Alberta Aids to Daily Living (AADL) and Extended Health Benefits (EHB) Programs are available for Albertans with medical conditions of a long-term nature who are registered under the Alberta Health Care Insurance Plan. The primary objectives of the programs are to assist both disabled or chronically ill individuals to secure basic medical equipment and supplies necessary for more independent functioning at home or in a home-like setting. Applicants must not be eligible to receive similar benefits through other programs.

To determine eligibility for the programs, contact the AADL/EHB Program authorizer in your Health Unit:

Alberta Aids To Daily Living
Extended Health Benefits
Seventh Street Plaza, 10030 - 107 Street
Edmonton, Alberta T5J 3E4
Phone: 427-0731

For toll free RITE access refer to your local AGT telephone directory listing under Government of Alberta.

2. Coordinated Home Care Programs

The Coordinated Home Care Program is operated through the 27 Health Units throughout the province. An individual can be referred to the Home Care Program by a person or agency in the community, by a physician, by a health professional or by self-referral. Upon the receipt of a referral to Home Care, a Home Care assessor carries out a comprehensive assessment of the client and his/her environment, determines eligibility for admission, identifies the needs of the client/family (including the type and amount of service required) and arranges for and coordinates the necessary services.

The program provides a variety of health and support services to persons in their homes. All Home Care Programs provide nurses, homemaking and personal care services. Other services may be

provided depending on local needs and the availability of personnel and financial resources. Health services which are free of cost include nursing, physiotherapy, occupational therapy, respiratory therapy and speech therapy. Support services include homemaking, personal care, home maintenance, friendly visiting, transportation and meals-on-wheels. Support services, except for personal care, are subject to a fee after the first two weeks on the program. Each person is charged per hour for the support services received up to a maximum of $300 per month (in the case of meals-on- wheels or wheels-to-meals, the client will pay the actual cost of the meal or $2, whichever is less). No fee is charged for persons receiving provincial Income Security, Provincial Widows' Pension Program benefits, or the federal Old Age Guaranteed Income Supplement.

Anyone requiring a health service is eligible for Home Care. Others, such as persons 65 years or over, physically disabled adults living in a designated facility, or palliative care clients, are also eligible for support services if the need arises out of a medical condition which limits personal functioning. For further information please contact the Home Care Program manager in your local Health Unit or

Director
Home Care/Community Long Term Care Branch
Seventh Street Plaza, 10030 - 107 Street
Edmonton, Alberta T5J 3E4
Phone: 427-4610

For toll free RITE access refer to your local AGT telephone directory listing under Government of Alberta.

3. Community Health Nursing Services

Community Health Nursing Services are a major component of the preventive health services offered by the 27 Health Units of Alberta to citizens of all ages and functional ability. Services are offered to individuals, families, and members of the community. The components that make up the Community Health Nursing Programs include

- health education for groups and individuals;
- assessment of health status;
- communicable disease control, including immunization;
- screening to provide early identification of certain treatable abnormalities or diseases and
- individual counselling on health matters.

More information regarding these services may be obtained by contacting the Health Unit in your area.

4. Community Health Nutrition Programs

Community health nutritionists provide consultation to professionals, and educational sessions to groups and individuals on such topics as healthy food choices, healthy weights, and good nutrition for all age groups from infants to seniors. Check with your local Health Unit to see if a Community Health Nutrition Program is available.

5. Speech-Language Pathology and Audiology

Speech-Language Pathology assessment, consultation and treatment are available throughout Alberta for anyone, child or adult, from all Health Units. Disorders treated include articulation, language, voice, resonance (cleft palate) and stuttering. Audiology assessment is available through the Peace River, South Peace, Lethbridge, south-eastern Alberta Health Units, and some large hospitals.

6. Cleft Palate Program

The Cleft Palate Program pays all dental expenses of persons with cleft palate and/or lip syndrome who are registered with the cleft palate clinics. For more information on eligibility, contact your family dentist, physician or Health Unit.

7. Early Intervention Program

The Early Intervention Program provides home-based professional support to families with children who are developmentally delayed from birth to three-and-a-half years of age. The aim of this program is to strengthen the family's ability to encourage their child's development and to enhance the quality of family life through the provision of support to parents. The program is available in many communities, provided through ten Health Units, two school boards and four non-profit organizations. To obtain more information about the location of the programs, please contact either the Health Unit in your area or

Early Intervention Consultant
Alberta Health
5th Floor, Seventh Street Plaza
10030 - 107 Street
Edmonton, Alberta T5J 3E4
Phone: 427-2653

For toll free RITE access refer to your local AGT telephone directory listing under Government of Alberta.

8. The Alberta Hereditary Diseases Program

The Alberta Hereditary Diseases Program is a comprehensive, coordinated program which integrates all aspects of care for hereditary diseases. The program is available to all families and individuals with a hereditary disease, a history of hereditary diseases, and/or a genetic concern.

Initial individual and/or family assessment and counselling is done with family physicians, Health Units, and the Regional Genetics Centres in Edmonton and Calgary. Other components of the program include laboratory service, follow-up, research, and liaison with specialty clinics and volunteer agencies.

9. Tuberculosis (TB) Control Program

Tuberculosis treatment is available to persons who have TB, have had TB, or are in contact with TB patients. If necessary, referrals for treatment will be made to specialized clinics in Edmonton and Calgary which have an ongoing TB Control Program. The specialized clinics may recommend treatment through a Health Unit, if the individual is unable to attend a special clinic for treatment.

10. Care for People with HIV/AIDS

Several Alberta communities have significant numbers of people with AIDS who require care. In those communities, coalitions of agencies together provide the wide variety of services required by persons living at home with HIV infection and AIDS.

Individuals and families affected directly or indirectly by HIV/AIDS should contact their doctor, Health Unit, or community AIDS organization for further information.

Home-based services complement the specialty out-patient clinics at the Foothills Hospital in Calgary and the University of Alberta Hospital in Edmonton.

(See also page 19).

■ Ambulance Services

You should be aware of the nearest ambulance service before an emergency arises. To get the number of the ambulance service in your area, check your local telephone directory. In major centres, ambulance service can be obtained by calling 911.

Costs of ambulance service are covered by the Alberta Blue Cross Plan and other insurance plans. Contact the nearest

Alberta Blue Cross Plan office:

640, 615 MacLeod Trail S.E.
Calgary, Alberta T2G 4T8
Phone: 234-9666

10009 - 108 Street
Edmonton, Alberta T5J 3C5
Phone: 423-5221

9909 - 102 Street
Grande Prairie, Alberta T8V 2V4
Phone: 532-3505

470 Chancery Court Building
Lethbridge, Alberta T1J 4J7
Phone: 328-6081

21, 419 - 3 Street S.E.
Medicine Hat, Alberta T1A 0G9
Phone: 529-5550

152, 4919 - 59 Street
Red Deer, Alberta T4N 6C9
Phone: 343-7008

■ Long Term Care Facilities

Admission to a long term care facility is based on the assessment of both the client's needs and his/her support systems within the community. When all community resources have been explored and deemed not feasible by assessors from the Coordinated Home Care Program, the client is referred for placement in a long term care facility. For

information call the Coordinated Home Care Program in your local Health Unit.

■ Dental Care

Routine dental work may be covered by special plans for groups or individuals through private health insurance companies. For dental surgery required because of an accident, coverage is available through the Alberta Blue Cross Plan. Contact Alberta Blue Cross for further details (see page 17).

■ Diagnosis and Assessment

Diagnosis and assessment are necessary to understand and deal with any disability. Help is available from doctors, clinics, hospitals, Health Units, rehabilitation services, as well as through School Boards for school placements.

■ Drugs (Prescribed)

Alberta Blue Cross Plan covers 80 percent of prescribed drug costs. Contact Alberta Blue Cross for further details (see page17).

■ Family Planning and Sexuality

Contact your Health Unit or Community Information Centre (see page 40).

■ Genetics Testing and Counselling

For information and counselling on heredity, call your Health Unit or a Regional Genetics Centre listed below:

Calgary	229-7373
Edmonton	492-7006 (Collect) 492-4077 (Local)

■ Health Counselling

Information about subjects such as nutrition, oral health care, family planning, and mental or physical health problems is available from your Health Unit without charge. This service is available to individuals, schools, and community groups. Organizations working with specific health conditions may provide group or individual counselling. Contact your Community Information Centre (see page 40).

■ Hospitals and Clinics

Hospitals and clinics are located in most communities. Many hospitals provide rehabilitation services in addition to in-patient care. Some specialized hospitals have clinics that deal with specific conditions. Contact your personal physician or Health Unit for further information.

Nutrition

For information about nutrition and special diets, contact one of the following:

- your local Health Unit;
- the Home Economist in your local Alberta Agriculture office;
- your local hospital or auxiliary hospital.

Sexually Transmitted Disease

For free and confidential diagnosis, treatment, and counselling, call your doctor, local hospital, or the following clinics (for toll free RITE access refer to your local AGT telephone directory listing under Government of Alberta):

Calgary Clinic
Century III Building, 319 - 2nd Avenue S.W.
Calgary, Alberta T2P 0C5
Phone: 297-6562

Edmonton Clinic
Executive Building, 10105 - 109 Street
Edmonton, Alberta T5J 1M8
Phone: 427-2834

Fort McMurray Health Unit
Provincial Building, 9921 Main Street
Fort McMurray, Alberta T9H 4Y5
Phone: 743-3232

Further information regarding Sexually Transmitted Disease and AIDS is available 24 hours on the toll free AIDS/STD Information Line, phone

1-800-772-2437

During business hours, a nurse is available on the Information Line to answer people's personal questions and refer them to further assistance. Outside of business hours, recorded information is given regarding a number of specific topics related to AIDS and Sexually Transmitted Disease.

Alberta Family and Social Services

Assured Income for the Severely Handicapped (AISH)

Assured Income for the Severely Handicapped is a financial benefit program for severely and permanently disabled adults. The amount a person receives as an AISH benefit is calculated by taking income into account. The program is for people who have reached their full potential for training, rehabilitation or employment.

AISH Eligibility

To be eligible for AISH, all of the following must apply:

- You must have a severe disability.
- The disability must be so severe that you cannot earn a living. Your situation might be complicated by other factors such as age, lack of education or lack of available jobs, but these factors are not considered when you are applying for entrance into the program.
- The disability must be a permanent one.
- You must not have refused to take or look for reasonable employment for reasonable wages. You must not have quit reasonable employment.
- You must not have refused or neglected to take advantage of training or rehabilitation.
- Your income and that of your spouse must not exceed the limits allowed under the program.
- You must be 18 years old or older but not be eligible to receive the Old Age Security pension.
- You must be a permanent resident of Alberta.
- You cannot be residing in an institution where your total needs are provided.

AISH Benefits

AISH provides a monthly payment that is paid at the beginning of each month. This payment has a maximum level set out by government regulations - a maximum level that can be reduced by certain kinds of income. The AISH benefit level is reviewed regularly to make sure that it meets the AISH program's intentions.

Premium-free Alberta Health Care is provided under the program for AISH recipients, their spouses, and dependents under 18 years of age living in the same residence. Prescribed drugs and approved optical, dental and ambulance services are also provided. Coverage is authorized by a medical card.

A monthly benefit may be paid to residents of hospitals, nursing homes, or other facilities identified in the AISH regulations. This benefit consists of room and board, a handicap benefit, and other approved needs. This benefit also takes income into account.

Income

The AISH program guarantees that a recipient's income from all sources will not fall below a guaranteed level. However, the AISH benefit itself may be reduced. This depends on the source and amount of your income. It also depends on whether the income is yours or your spouse's. Before you receive AISH, you are required to take advantage of all other sources of income to which you are entitled. Government regulations set down what kinds of income are included in the calculation of your AISH benefit. For example:

- Income such as Family Allowance and the Child Tax Credit is ignored in the calculation of your AISH benefit.
- Income from Canada Pension Plan payments or Workers' Compensation payments is deducted from the AISH benefit.
- Income of the recipient or spouse from employment or investments has a special formula applied to it as to whether or not it is deducted from the AISH benefit.
- The same formula is applied to your spouse's income, such as Canada Pension Plan payments and Old Age Security benefits.

Applying for AISH

To apply for AISH, you should contact your nearest Alberta Family and Social Services district office (see page 41). The following forms and reports may need to be completed:

- An application form is completed by you or your social worker. This application determines basic eligibility before any medical information is submitted.
- A questionnaire asks for detailed information about your condition and the effects of the condition on how you function daily and on your ability to work. You may complete this, or your family, friends or trustee may help you fill out this form.
- A medical examination form must be filled out by your physician. Alberta Family and Social Services pays for this and other reports.
- A report on mental functioning if your primary diagnosis is mental illness.
- A form to assess employability.

The AISH administrator or social worker may need other information to make a decision. They may request other additional information, including assessments done by agencies or counsellors with whom the applicant has been involved.

The regional AISH administrator makes an eligibility decision in consultation with a doctor if required.

If you are not satisfied with any decision regarding AISH, you can appeal to a regional citizens' appeal panel. This appeal must be made within 30 days of the decision. You can find out about appeal procedures from the district office where you applied.

A trustee can be appointed if an AISH recipient cannot handle money

If necessary, a trustee can be appointed to assist you in managing your AISH payments. Your trustee is responsible for making sure that your AISH payment is spent for your benefit and may be required to provide an account of how these funds were spent. A trustee is under the same obligation as a client to report any material change in the recipient's circumstances.

You can get more information from an Alberta Family and Social Services district office (see page 41) or you can write to

Alberta Family and Social Services
Assured Income Programs
Income Support Branch
10030 - 107 Street
Edmonton, Alberta T5J 3E4

■ Alternatives to AISH

Supports for Independence is the new income support program for Albertans which replaces the Social Allowance program, commonly known as "welfare".

The new program will place a greater emphasis on supports and resources which encourage independence, and will clearly outline the responsibility of clients to strive for the greatest possible degree of self-sufficiency. In addition, the new program will be more equitable, easier to understand and simpler to administer.

Clients will receive assistance through one of four Supports for Independence sub-programs:

- The **Employment and Training Support Program** will provide financial assistance and additional supports to clients who are capable of, and available for, work or training programs.
- The **Transitional Support Program** will provide financial assistance to clients who are temporarily unavailable for work because of temporary health problems, or because they are caring for their young children or other dependents who are ill or disabled.
- The **Supplement to Earnings Program** will provide financial assistance to clients who are employed but not earning enough to support their family.
- The **Assured Support Program** will provide financial assistance to clients who are unable to work because of a severe impairment, persistent mental or physical health problems, or multiple barriers to employment.

Assured Support provides an option to AISH for severely disabled Albertans whose needs exceed the benefits provided under AISH. Unlike AISH, **Supports For Independence** is needs based and assets tested. Benefits vary based upon demonstrated need.

Assets are taken into account, although the limits for Supports For Independence clients with the disability benefit will be more generous than allowable assets for other clients. Clients are placed in **Assured Support** if they are not working as a result of disability or multiple barriers to employment. If they are in

employment or training, they will receive help through one of the other Supports For Independence programs.

You can request detailed information about the program by contacting your local Family and Social Services district office (see page 41).

■ Services to Persons with Disabilities

1. Adult Services

Services to Persons with Disabilities (Adult Services) endeavours to ensure the availability of a variety of supports designed to assist Albertans with disabilities to live and participate in the communities of their choice.

Community Supports

- individual lifestyle planning and service coordination
- group homes
- proprietor based services (room and board)
- personal supports designed to assist people to live in their own accommodation
- outreach services including behavioral outreach to assist parents and service providers to support people with disabilities more effectively
- residential relief services (in-home and out-of-home)

Residential Facilities

Services to Persons with Disabilities (Adult Services) operates the following residential facilities for citizens of Alberta who live with mental disabilities:

Bow Island	Alfred Egan Home
Calgary	Bow Park Court
	Scenic Bow Group Homes/Legion Group Home
Edmonton	Eric Cormack Centre
	Resources for the Dependent Handicapped
	Rosecrest Home
Fort McLeod	Special Development Unit
Red Deer	Michener Centre

Employment, Training and Activity Programs for Persons with Disabilities

Family and Social Services funds a number of community agencies to assist individuals with disabilities to participate in and contribute to both the social and economic aspects of their community. For individuals seeking employment, **Employment, Training and Support Services** are available to assist a person in gaining and maintaining attachment to the workforce. Where employment is not the goal, several specialized agencies will provide **Community Support Services** designed to assist individuals to meet personal goals. Daily activities are individually planned ranging from supports to participation in regular community programs such as leisure, self development courses or volunteer work, to specialized programs offering in-house activity or skill development programs.

The method of providing service and the goal of the services vary among agencies and thus need to be explored to ensure the specific

service is appropriate for the individual requesting support.

To access supports, services, or agencies funded by or provided directly by Adult Services, call your regional

Services to Persons with Disabilities Office

Northwest Region 4th Floor, Nordic Court, 10014 - 99 Street
Grande Prairie, Alberta T8V 3N4
Phone: 538-5596

Northeast Region 5025 - 49 Avenue Room 312
St. Paul, Alberta T0A 3A4
Phone: 645-6228

Edmonton Region 11748 Kingsway Avenue
Edmonton, Alberta T5G 0X5
Phone: 422-3641

Central Region 5th Floor, 5010 Centre
5010 - 43 Street
Red Deer, Alberta T4N 6G2
Phone: 340-5473

Calgary Region Main Floor, Tower 3, Deerfoot Junction
1212 - 31 Avenue N.E.
Calgary, Alberta T2E 7S8
Phone: 297-4575

South Region 1st Floor, Sun Centre Building
530 - 8th Street South
Lethbridge, Alberta T1J 2J8
Phone: 381-5500

For toll free RITE access refer to your local telephone directory listing under Government of Alberta.

2. Handicapped Children's Services (HCS) Program

The Handicapped Children's Services Program applies to disabled children in Alberta under 18 years of age who require support services.

To determine eligibility, the child must be assessed by a competent medical/ health authority. It must be determined that the child has a chronic physical disability or disorder and/or mental disability. A child who is chronically disabled as a result of a traumatic injury is also eligible for services.

Parents maintain full guardianship rights and responsibilities for the child. Parents are also responsible for the care, supervision and usual costs associated with raising their children.

The HCS Program provides family support benefits on a voluntary cost- shared basis. Examples of HCS benefits are as follows:

- transportation to medical treatment and therapy programs;
- parent relief services;
- specialized residential accommodation including foster care (this includes temporary placement for parental relief);

- dental treatment, where the primary disability necessitates this extraordinary care (e.g. leukemia);
- rehabilitation aides to work with the child on special programs within the home (other in-home services include homemaker, babysitter, and child care attendants who provide physical assistance to parents);
- special formula and special dietary services.

For further information regarding the HCS Program, parents should contact their local district office of Alberta Family and Social Services (see page 41).

3. Office of the Public Guardian

Guardianship provides substitute decision making for adults who are unable to care for themselves and/or manage their financial affairs. These persons are dependent adults.

Individuals, usually family members, may apply to the Surrogate Court to be appointed as guardians and/or trustees of persons who are repeatedly or continuously unable to care for themselves or make reasonable judgements about personal or financial matters.

Where no relative or friend is willing, able and suitable, the Public Guardian and/or Public Trustee may be appointed.

Conditions which contribute to the need for a guardian include developmental disabilities, mental illness, brain trauma, and diseases leading to mental incompetence. The court may appoint guardians to assist dependent adults with decisions or make decisions for them, in areas such as: where and with whom they will live; social activities; work related matters; education and training; licenses and permits; non-estate legal matters; health care; and day-to-day decisions.

Guardianship orders are reviewed to ascertain the continuing need for a guardian. Guardians are accountable to the court for acting in the best interests of a dependent adult and in the least restrictive manner, so that the dependent adult is encouraged to be as independent as possible. Review periods last up to six years at the discretion of the court.

Where the legal costs of applying for guardianship or trusteeship through private solicitors would be a hardship for a dependent adult or an applicant, the court may allocate all or part of the costs to the Crown.

Questions should be directed to the Public Guardian office closest to where the dependent adult resides.

For more information contact

Alberta Family and Social Services - Office of the Public Guardian

Head Office
12th Floor, Seventh Street Plaza
10030 - 107 Street
Edmonton, Alberta T5J 3E4
Phone: 422-1868

Calgary Office
Room 510, Place 800
800 - 6th Avenue S.W.
Calgary, Alberta T2P 3G3
Phone: 297-3393

Southern Alberta 5th Floor, Professional Building
740 - 4 Avenue South
Lethbridge, Alberta T1V 0N9
Phone: 381-5648

Northern Alberta 4th Floor, 108th Street Building
9942 - 108 Street
Edmonton, Alberta T5K 2J5
Phone: 427-0017

Central Alberta 2nd Flr., Provincial Building
4920 - 51 Street
Red Deer, Alberta T4N 6K8
Phone: 340-5165

For toll free RITE access refer to your local AGT telephone directory listing under Government of Alberta.

■ Adoption

For information regarding the adoption of disabled children, call your local Family and Social Services office (see page 41).

■ Integrated Day Care

The Integrated Day Care Program provides assistance to children with functional limitations resulting from a physical, mental, or developmental disability so that they can participate with their peers in a normal day care setting. Services may be provided by day care centres, family day homes, or nursery schools, depending on the needs of the child and the family.

To find out about Integrated Day Care Programs in your region, call

Grande Prairie	538-5596
St. Paul	645-1228
Edmonton	455-1818
Red Deer	340-5473
Calgary	270-5483
Lethbridge	381-5135

■ Specialized Foster Care

For a child to reside in foster care from birth to eighteen years, he/she must first be identified as a child in need of protection services as defined in the Child Welfare Act. The social worker may then sign an agreement with the family or apply to court for an order. There are several different types of agreements and orders. The agreements are called custody, permanent guardianship, and handicapped children's services. The orders are called apprehension, temporary guardianship, and permanent guardianship.

The Specialized Foster Care program provides care for children who are physically, mentally, emotionally or behaviorally disabled, and who require specialized and time-consuming care over and above that expected for normal children. The treatment of the child's disability is usually on an in-home or in-community basis.

For more information, contact your local Family and Social Services office (see page 41).

Alberta Labour

Recognizing the importance of achieving Alberta's social and economic goals, Alberta Labour designs programs to maximize safety factors. It seeks to maintain effective and responsible relationships between labour and management to ensure the protection of employee rights.

Employment Standards Branch

Special Employment Programs for the Disabled
The Special Employment Programs section of the Employment Standards Branch administers programs for the employment of mentally handicapped individuals in regular industry at less than minimum wage.

In granting exemptions from the minimum wage, the Branch endorses legitimate employment opportunities and ensures that these individuals receive fair conditions of employment. This combines job functions which provide for individual growth and development with a proportionately graduated rate of pay.

This program is divided into two main components: Individual Exemptions and Group Exemptions.

Applications are reviewed separately and are only accepted from community-based associations for the mentally disabled. Permits are initially issued for three months only. A new permit will be issued if there is an increase in the wages paid or if there is evidence that the individual has reached a "plateau" (maximum level of productivity).

In the case of group exemptions, applications are submitted in writing requesting minimum wage exemption for handicapped persons enrolled in a vocational training program that has an employment segment.

Criteria for determining an equitable pay rate are based on an objective evaluation of the disabled person's abilities to perform a job or task as compared to an average non-handicapped individual's performance in a specific industry. A direct ratio is then obtained and the rate of pay is based on a percentage of production in relation to the going rate of pay in that particular industry. As a result, there may be many cases where a minimum wage exemption is not required (e.g. a handicapped person performing at 65 percent capacity receives 65 percent of the going rate of pay, *not* 65 percent of the minimum wage).

Where applications for individuals or group exemptions are approved, a permit is issued indicating parameters and conditions of the minimum wage exemption. Such permits are issued on a fixed term basis and are regularly monitored by the Employment Standards Branch.

■ Labour Standards Regulations

For information on hours of work, wages and vacation pay, contact the

Employment Standards Branch of Alberta Labour

Calgary Area	Deerfoot Junction, Tower 3 Room 3300, 1212 - 31 Avenue N.E. Calgary, Alberta T2E 7S8 Phone: 297-4339
Edmonton Area	#101, 10339 - 124 Street Edmonton, Alberta T5N 3W1 Phone: 427-3731
Grande Prairie	#3501, Provincial Building, 10320 - 99 Street Grande Prairie, Alberta T8V 6J4 Phone: 538-5253
Lethbridge	377 Provincial Building, 200 - 5 Avenue South Box 3014 Lethbridge, Alberta T1J 4C7 Phone: 381-5447
Medicine Hat	3rd Floor, 770 - 6 Street S.W. Medicine Hat, Alberta T1A 4J6 Phone: 529-3524
Red Deer	4920 - 51 Street Red Deer, Alberta T4N 6K8 Phone: 340-5153
St. Paul	5025 - 49 Avenue St. Paul, Alberta T0A 3A4 Phone: 645-6349

■ Alberta Building Code

Barrier-free access must be provided for all new buildings, except some specialized industrial buildings, single family residences, duplexes, row housing and construction work camps. Furthermore, barrier-free access must be provided to all floors of buildings and not just to the entrance of buildings with two exceptions - apartment buildings of less than four storeys and two storey buildings where the square footage is under 600 square metres.

In permanent housing projects involving Alberta Government funding, it is required that a proportion of the dwelling units be designed for physically disabled individuals. For details, contact the

Building Standards Branch
Alberta Labour
Room 705, 10808 - 99 Avenue
Edmonton, Alberta T5K 0G5
Phone: 427-8265

For toll free RITE access refer to your local AGT telephone directory listing under Government of Alberta.

Alberta Municipal Affairs

Enhanced Home Adaptation Program

The Enhanced Home Adaptation Program has been developed to promote the modification of existing housing and the construction of new housing to facilitate occupancy by wheelchair users as well as persons with severe mobility disabilities that will eventually lead to the use of a wheelchair.

Homeowners, tenants and landlords may apply for this assistance. This program is also available to developers, but only if they are producing units for rent; units for sale are not eligible.

To be eligible for the Enhanced Home Adaptation Program, homeowners and tenants must

- be wheelchair users or have a wheelchair user in residence,
- have resided in Alberta for at least one year and three years in Canada prior to submitting an application, and
- have a current adjusted gross income (AGI) of less than $30,000 per year.

Only one person per household may apply for assistance. Tenants must obtain their landlord's approval of their proposal for home modifications.

Landlords who wish to fill out an application for assistance must meet either a) or b), and c) of the following criteria:

a) be willing to make modifications to existing residential buildings to accommodate one or more wheelchair users

b) be willing to have residential accommodations constructed containing one or more dwellings or hostel units for wheelchair users

c) agree to make every attempt to rent modified units to eligible tenants.

All housing types are eligible, including single family units, duplexes, triplexes, fourplexes, townhouses, condominimums, apartments, mobile homes and hostels.

For more information about the Enhanced Home Adaptation Program contact the

Enhanced Home Adaptation Program
Grants Administration
Financial Assistance and Research Branch
Alberta Municipal Affairs
16th Floor, Citycentre, 10155 - 102 Street
Edmonton, Alberta T5J 4L4
Phone: 427-8161

For toll free RITE access refer to your local AGT telephone directory listing under Government of Alberta.

Grant application forms are also available from organizations providing services to persons with disabilities.

■ Alberta Mortgage and Housing Program

1. Senior Citizens' Self-Contained Housing Program

Low income rental housing is available for senior citizens under the Senior Citizen's Self-Contained Housing Program. The units are self-contained bachelor or one bedroom suites. Each senior citizen development having 20 or more units is constructed with dwellings designed for physically disabled persons. Some smaller projects have specially designed units if the need is identified at the design stage.

To be eligible for the Senior Citizen's Self-Contained Housing Program applicants must

- be 65 years of age or over, and
- have been residents of Alberta for one year prior to making application, or for any other 10 years of their life.

Rents are based upon 25 percent of household income including pension income. Tenants who are under age 65 and meet other eligibility criteria may be accepted if space permits.

Those wishing to apply for Senior Citizens' Self-Contained Housing may inquire at any Alberta Mortgage and Housing Program branch office or to the non-profit organization sponsoring a specific project.

2. Municipal Non-Profit Program

This program was established to provide rental housing for low to moderate income families and to promote mixed-income housing. Wheelchair accessible and modified housing units are available in certain projects. All projects are managed by municipal non-profit corporations. For more information contact your local municipal non-profit corporations or

Edmonton Area — **Non-Profit Housing Corporation**
912 Centennial Building
10015 - 103 Avenue
Edmonton, Alberta T5J 0H1
Phone: 428-2892

Calgary Area — **Calhome Properties**
12th Floor, North
800 McLeod Trail S.E.
Calgary, Alberta T2P 2M5
Phone: 268-1450

3. Community Housing Program

Rental accommodation for low income families and individuals unable to obtain adequate housing for their needs is available at 25 percent of household income throughout Alberta.

Housing constructed under the Community Housing Program may be duplexes, fourplexes, or townhouses.

Projects built under the Community Housing Program, with 25 or more dwelling units, must contain units designed for disabled persons.

The number of units for disabled persons in such projects is indicated in the following schedule:

- Two units for disabled persons in projects of 25 to 50 dwelling units;
- Three units for disabled persons in projects of 51 to 100 dwelling units;
- Four units for disabled persons in projects of 101 to 200 dwelling units; and
- Five units for disabled persons in projects exceeding 200 dwelling units.

Those wishing to apply for Community Housing must meet the residency requirements set by the local housing authority. Priority is given to those in greatest need.

For Community Housing, applicants may apply to their local housing authority or contact their nearest Alberta Mortgage and Housing Corporation office.

■ Housing Registry Program

Through this program, annual grants to approved non-profit groups are provided to operate housing registries which assist families and individuals who may experience difficulties in finding suitable accommodation. There are two registeries which specifically offer help to the disabled:

Edmonton Area

Handicapped Housing Society of Alberta
10325 - 83 Avenue
Edmonton, Alberta T6E 2C6
Phone: 433-9201

Calgary Area

The Accessible Housing Society
Suite 103, Capital Building
2003 - 14 Street N.W.
Calgary, Alberta T2M 3N4
Phone: 282-1872

Personnel Administration Office

Special Placement Program

Funded by Alberta Career Development and Employment and administered through the Personnel Administration Office, the Special Placement Program provides employment within government departments.

The goal of the program is to assist physically, mentally or emotionally disabled individuals and persons 45 years of age or over to develop marketable skills to make them more competitive in the restricted labour market.

Clients may be referred from all social service agencies, health and educational institutions, or from any agency involved with the rehabilitation of an individual. Clients may also make an application on their own.

Several interviews may be required to establish clients' capabilities, expectations, career goals, education, and work experience in order to identify the type of work most suitable to their abilities.

Clients are initially placed in six-month work experience projects which provide opportunities for them to gain necessary skills and knowledge. Clients are referred to project positions that become available, however, it is expected that they will continue to seek other opportunities for employment as well. For further information, contact

Special Placement Program
Personnel Administration Office
4th Floor, Kensington Place
10011 - 109 Street
Edmonton, Alberta T5J 3S8
Phone: 427-7891

For toll free RITE access refer to your local AGT telephone directory listing under Government of Alberta.

Alberta Recreation and Parks

Alberta Recreation and Parks promotes and assists in the development of recreational opportunities for Albertans. The department also plans, develops and manages provincial parks and outdoor recreational sites throughout the province.

Provincial Parks

Accessibility to facilities and programs within these sites is a major concern of the department. In the past, the focus has been toward increasing accessibility to facilities for those individuals with physical disabilities. Efforts will be made to continue to expand the number of locations and facilities that will become available to the physically challenged. It is also our intention that when possible and practical, we will be attempting to provide a wider range of programs to those with hearing and/or visual disabilities.

Recreation Development

The Recreation Development Division encourages and supports the development of recreation and sport opportunities for all Albertans including persons with disabilities. The services of the Division are grouped into the following categories:

- those which support the provincial recreation system, and through it enhance recreation, sport, fitness and leisure programs throughout the province; and
- those which support the municipal recreation system, and through it enhance community-based recreation, sport, fitness and leisure programs.

The Division, through its regional recreation offices and central office, provides planning information on indoor and outdoor recreation facilities, consultation and leadership development assistance on program development and general information on recreation, sport, fitness and leisure programs including program design, facility adaptation, organizational development and sources of available funding. Inquiries may be made by contacting

Alberta Recreation and Parks
Standard Life Centre
9th Floor, 10405 Jasper Avenue
Edmonton, Alberta T5J 3N4
Phone: 427-6549

or your nearest regional recreation office (for toll free RITE access refer

to your local AGT telephone directory listing under Government of Alberta):

Southern Alberta Region (**Lethbridge**)	381-5231
Big Country Region (**Cochrane**)	297-6115
Parkland Region (**Red Deer**)	340-5115
Central Alberta Region (**Stony Plain**)	963-2281
Eastern Alberta Region (**St. Paul**)	645-6353
Northern Alberta Region (**Grande Prairie**)	538-5300

■ William Watson Lodge

The William Watson Lodge is a day-use and overnight lodge complex for use by people who need special accommodation because of physical disabilities or other disadvantages.

The lodge is situated in Kananaskis Country, on high ground overlooking the Lower Kananaskis Lake, and with a view of the Spray Mountain Range. The indoor facilities and outdoor grounds of the complex have been designed to present as few difficulties as possible to wheelchair users or others who are limited in mobility.

The lodge is a "home-away-from-home" for people who might otherwise be unable to enjoy a comfortable stay in a wilderness setting. Families or friends of the lodge residents with special needs are welcome to use the lodge, as are organized groups of persons with special needs and those who assist them.

For further information or reservations, contact

William Watson Lodge
Peter Lougheed Provincial Park
General Delivery
Seebe, Alberta T0L 1X0
Phone: 591-7227 or 591-7222

■ Renovation Assistance

Recreational or cultural groups interested in making community halls, gymnasiums, auditoriums and arenas accessible to disabled persons can apply to the Community Recreation/Culture Grant Program through their local municipality. For information on this program, contact your nearest Alberta Recreation and Parks regional recreation office or

Community Recreation/Culture Grant Program
Alberta Recreation and Parks
907 Standard Life Centre
10405 Jasper Avenue
Edmonton, Alberta T5J 3N4
Phone: 427-2001

For toll free RITE access refer to your local AGT telephone directory listing under Government of Alberta.

Alberta Transportation and Utilities

Urban Transportation Branch

The Urban Transportation Branch of Alberta Transportation and Utilities provides technical and financial assistance for the planning and development of transportation systems in the urban areas of Alberta. Financial assistance is provided through the 1989/90-1991/92 Alberta Cities Transportation Partnership, which allocates funding to the cities in Alberta for both capital and operating expenditures on roadways and public transit.

The Public Transit Operating Assistance Grant

The Public Transit Operating Assistance Grant provides unconditional grants on a per capita basis to all cities, towns, villages, municipal districts, counties, improvement districts and special areas in Alberta. These grants are provided to the municipalities through the Alberta Partnership Transfer Program as administered by Alberta Municipal Affairs.

This grant contributes to the operation and maintenance of public transit systems and transportation services for senior citizens and disabled persons. The funding may be used to establish or assist in the establishment of a particular transportation service or the direct subsidization or upgrading of existing taxi, public transit or handi-bus services.

The amount of the unconditional grant a city, town, village, municipal district, county, improvement district and special area, may be eligible to receive annually is determined by the official population for the previous calendar year and annual budgetary approval. For further information on this or other grants see below:

Cities

Alberta Transportation and Utilities
Urban Transportation Branch
First Floor, Twin Atria Bldg., 4999 - 98 Avenue
Edmonton, Alberta T6B 2X3
Phone: 427-4575

Other Municipalities

Alberta Transportation and Utilities
Municipal Services Branch
First Floor, Twin Atria Bldg., 4999 - 98 Avenue
Edmonton, Alberta T6B 2X3
Phone: 422-4591

■ Grants

Grants are available to cities, towns, and municipalities to help with the costs of special transportation services for seniors and disabled persons. For information call

Urban Transportation Branch	**Edmonton** Phone: 427-4575
Municipal Services Branch	**Edmonton** Phone: 422-4591

For toll free RITE access to Alberta Transportation offices, refer to your local AGT directory listing under Government of Alberta.

■ Workers' Compensation Board - (WCB) Alberta

The Workers' Compensation Board serves workers who sustain disablement due to accidents or disease arising out of and occurring in the course of employment in an industry to which the Workers' Compensation Act applies.

A worker with a work-related injury or disease is eligible for benefits provided by the WCB. These benefits include financial compensation while disabled, as well as physical and vocational rehabilitation.

■ Vocational Rehabilitation Services

The WCB provides assistance when vocational rehabilitation is required. These services, depending upon circumstances, may include: job search assistance, selective job placement, and retraining for a different occupation.

■ Rehabilitation Centre

The Rehabilitation Centre provides services to help injured workers become fit for a successful return to employment. These services are provided in the Work Hardening Program. Work Hardening is a treatment program which combines exercise, therapy and simulated work tasks, in order to gradually prepare the individual to return to work.

The Centre staff consists of rehabilitation specialists from physical therapy, exercise therapy, occupational therapy, kinesiology, medicine, psychology, and vocational rehabilitation, as well as technical instructors.

Injured workers may be referred to the Centre by their personal physician, other health care providers, or a WCB staff member such as an Employment Counsellor or case manager. When admitted, an interdisciplinary assessment will help direct the work exercises and therapies to ensure that a worker may successfully return to work. Case Managers ensure individual programming and a gradual progression from fitness and conditioning to a full day of simulated work activity.

The workers are part of the rehabilitation team structuring their own treatment program. Programs used in the rehabilitation process may include: development of physical strength, flexibility and endurance required to work, assessment of skills and abilities to help set a goal for a return to work in the Alberta job market, and skills

development to improve confidence required for a successful return to work. For more information, contact

Workers' Compensation Board
Vocational Rehabilitation Department
9912 - 107 Street
Edmonton, Alberta T5J 2S5
Phone: 498-4100
General inquiries: 498-4000 or the nearest regional office.

Workers' Compensation Board Offices

Calgary Area	132 - 16 Avenue N.E. Calgary, Alberta T2E 1J5 Phone: 297-6471
Grande Prairie	10022 - 102 Avenue Grande Prairie, Alberta T8V 0Z7 Phone: 538-5421
Lethbridge	212 - 13 Street South Lethbridge, Alberta T1J 2V4 Phone: 381-5339
Medicine Hat	102 Chinook Place 623 - 4 Street S.E. Medicine Hat, Alberta T1A 0L1 Phone: 529-3624
Red Deer	208, Centre 5010 Building 5010 - 43 Street Red Deer, Alberta T4N 6H2 Phone: 340-5357

For toll free RITE access refer to your local AGT telephone directory listing under Government of Alberta.

■ Government Information (Federal)

The Federal Government provides programs, information, and publications for persons with disabilities which focus on:

- Access
- Education
- Employment
- Health, Safety, Social Service
- Human and Civil Rights
- Income Support
- Independent Living
- Information/Communications
- Policy
- Research
- Self-Help/Advocacy Support
- Sports/Leisure
- Transportation

Reference Canada can help you track down a federal government service or program and is located at

Room 620, 10055 - 106 Street
P.O. Box 205
Edmonton, Alberta T5J 1Z4
Phone: 495-2021
495-4161 (TDD)
1-800-232-9481 (toll free)

Community Information Centres

Community Information Centres offer information on the following as well as other services and agencies for persons with disabilities in your community:

- Advocacy
- Counselling
- Consultation/Program development
- Continuing education
- Drug and alcohol abuse problems
- Family life education
- Family planning and sexuality
- Help in a crisis
- Medical equipment and supplies
- Parental relief
- Publications
- Social action
- Social and cultural activities
- Specialized courses
- Support and self-help groups
- Transportation

Contact your Community Information Centre at the appropriate location for information on services and agencies:

Edmonton Area

Community Connections Directory
Social Resource Inventory
Edmonton Region
10534 - 124 Street
Edmonton, Alberta T5N 1S1
Phone: 482-4636

Calgary Area

Calgary Community Services Directory
Information Centre
City of Calgary Public Information Department
Plaza Level South, 800 MacLeod Trail S.E.
Mail: Box 2100 (8013) Station M
Calgary, Alberta T2P 2M5
Phone: 268-4656

Lethbridge

Communication and Public Information
City Hall
910 - 4th Avenue S.
Lethbridge, Alberta T1H 0P6
Phone: 329-7353

Red Deer

Community Information and Volunteer Centre
4935 - 51 Street
Red Deer, Alberta T4N 2A8
Phone: 342-1243

For information in the Northeast Region, Northwest Region, Central Region and South Region contact

Social Resources Inventory
3rd Floor, 44 Capital Boulevard
Edmonton, Alberta T5J 3E4
Phone: 441-6711

Additional Resources
Refer to your local AGT telephone directory listing under Government of Alberta to access the following services in your community, or to call the numbers listed below toll free:

- Your local **Alberta Family and Social Services Office**
  Information 427-2734
- Your local **Health Unit**
  Health Unit Association of Alberta 427-2391
- Your local **Family and Community Support Services Office**
  Headquarters 427-2803
- Your local **Canadian Mental Health Office**
  Information 427-1400

Films and Videos

The National Film Board has films and videos that deal with disabilities. For information call toll-free 1-800-661-9867.

Financial Services

The Alberta Government has developed a number of programs to help people financially.

Criminal Injuries Compensation

For help with expenses incurred through personal injury or death of a family member due to crimes of violence, contact

Crimes Compensation Board
Alberta Attorney General
10365 - 97 Street
Edmonton, Alberta T5J 3W7
Phone: 427-7217

For toll free RITE access refer to your local AGT telephone directory listing under Government of Alberta.

Emergency or Temporary Financial Help

Emergency or temporary financial help is available through local district offices of Family and Social Services (see page 41), or by contacting

Edmonton Area
Crisis Unit
First Floor, Financial Building
10621 - 100 Avenue
Edmonton, Alberta T5K 0B3
Phone: 427-3390

Calgary Area
Crisis Unit
2nd Floor, 811 - 14 Street N.W.
Calgary, Alberta T2N 2A4
Phone: 270-5333

For toll free RITE access refer to your local AGT telephone directory listing under Government of Alberta.

■ Financial Assistance

Alberta Family and Social Services has a number of financial assistance programs. For more information, contact your local Family and Social Services district office (see page 41).

■ Motor Vehicle Accident Claims

For injury and property damage involving a driver without insurance, or a driver who has left the scene of the accident, apply to

Solicitor General
9th Floor, J.E. Brownlee Building
10365 - 97 Street
Edmonton, Alberta T5J 3W7
Phone: 427-8255

For toll free RITE access refer to your local AGT telephone directory listing under Government of Alberta.

Housing

For information and lists of specialized housing contact

The Accessible Housing Society
103 Capital Building, 2003 - 14 Street N.W.
Calgary, Alberta T2M 3N4
Phone: 282-1872

Calgary Association of Self-Help
526 - 12th Avenue S.W.
Calgary, Alberta T2R 0H3
Phone: 266-8711

Calgary Housing Authority
3rd Floor, Crestview Centre N.
1701 Centre Street
Calgary, Alberta T2E 8A4
Phone: 221-9100

Canadian Paraplegic Association
185 Riverbend One
200 Rivercrest Drive S.E.
Calgary, Alberta T2C 2X5
Phone: 236-5060

Canadian Paraplegic Association
14th Floor, Weber Centre
5555 Calgary Trail
Box 20
Edmonton, Alberta T6H 5P9
Phone: 438-5046

Edmonton Housing Authority
2nd Floor, 10242 - 105 Street
Edmonton, Alberta T5J 3L5
Phone: 420-6161

Lethbridge Housing Authority
1003 Lethbridge Centre Tower
400 - 4 Avenue South
Lethbridge, Alberta T1J 4E1
Phone: 329-0556

Medicine Hat Housing Authority
202 - 5 Avenue S.E.
Medicine Hat, Alberta T1A 2P8
Phone: 527-4507

Red Deer Action Group for the Physically Disabled
4935 - 51 Street
Red Deer, Alberta T4N 2A8
Phone: 343-1198

Red Deer Housing Authority
5024 Ross Street
Red Deer, Alberta T4N 1Y3
Phone: 343-2177

Regional Program Support Services
530 - 8 Street S.
Lethbridge, Alberta T1J 2J8
Phone: 381-5500

Rehabilitation Society of Calgary
7 - 11th Street N.E.
Calgary, Alberta T2E 4Z2
Phone: 263-8341

Services to Persons with Disabilities
Alberta Family and Social Services
7th Floor, 108 Street Building
9942 - 108 Street
Edmonton, Alberta T5K 2J5
Phone: 427-2817, 427-9673(TDD)*

* For toll free RITE access refer to your local AGT telephone directory listing under Government of Alberta.

■ Human Rights

All persons in Alberta are equal in dignity and rights without regard to race, religious belief, colour, gender, physical disability, mental disability, age, ancestry, or place of origin. For information call the

Human Rights Commission

Edmonton Area
801 Kensington Place, 10011 - 109 Street
Edmonton, Alberta T5J 3S8
Phone: 427-7661*

Calgary Area
Main Floor, Dorchester Square
1333 - 8th Street S.W.
Calgary, Alberta T2K 1M6
Phone: 297-6571*

For educational programs and the promotion of discussion of human rights issues, contact

Calgary Civil Liberties Association
Mail c/o 201, 1220 Kensington Road N.W.
Calgary, Alberta T2N 3P5
Phone: 253-1228 (Business)
283-3643 (Message)

Alberta Human Rights and Civil Liberties Association
502 McLeod Building, 10136 - 100 Street
Edmonton, Alberta T5J 0P1
Phone: 421-0846

Complaints of discrimination by a provincial government department should be directed to the

Office of the Ombudsman

Edmonton Area
1630 Phipps-McKinnon Building
10020 - 101A Avenue
Edmonton, Alberta T5J 3G2
Phone: 427-2756*

Calgary Area
#850, 633 - 6 Avenue S.W.
Calgary, Alberta T2P 2Y5
Phone: 297-6185*

* For toll free RITE access refer to your local AGT telephone directory listing under Government of Alberta.

Interpreters

To assist deaf persons to communicate with hearing persons contact:

Alberta Association of the Deaf
Box 1133
Edmonton, Alberta T5J 2M1
Phone: 424-DEAF
425-9227 (TTY/TDD)

Alberta College
10041 - 101 Street
Edmonton, Alberta T5J 0S3
Phone: 428-1851 (TTY or Voice)

Alberta School for the Deaf
6240 - 113 Street
Edmonton, Alberta T6H 3L2
Phone: 422-0244

Christian Deaf Centre
1732 - 46 Avenue S.W.
Calgary, Alberta T2T 2R5
Phone: 243-5018 (Voice Answering Machine)

Cross of Christ Lutheran Church of the Deaf
11460 - 60 Avenue
Edmonton, Alberta T6H 1J5
Phone: 434-1671 (TTY or Voice)
435-7788 (TTY or Voice)

Deaf and Hard of Hearing Services
Southern Alberta Deaf Centre
63 Cornell Road N.W.
Calgary, Alberta T2L 0L4
Phone: 282-1201
282-9494 (TTY)

Interpreter Services for the Hearing Impaired
Lethbridge Community College
3000 College Drive South
Lethbridge, Alberta T1K 1L6
Phone: 320-3386 (TTD)

■ Landlord and Tenant Disputes

For advice and mediation, contact the nearest **Alberta Consumer and Corporate Affairs** office. For toll free RITE access refer to your local AGT telephone directory listing under Government of Alberta:

Calgary Regional Office	297-5700
Camrose District Office	679-1733
Edmonton - Regional Office	427-5782
- Pacific Rim Mall	427-0330
Fort McMurray Regional Office	743-7231
Grande Prairie District Office	538-5400
Lethbridge Regional Office	381-5360
Medicine Hat District Office	529-3535
Peace River Regional Office	624-6214
Red Deer Regional Office	340-5241

In addition, the **Landlord and Tenant Advisory Board** may be contacted for assistance at one of the offices listed below:

Banff Landlord and Tenant Advisory Board
Banff Family and Community Support Services
c/o YWCA
Post Office Box 1835, 108 Spray Avenue
Banff, Alberta T0L 0C0
Phone: 762-4511

Calgary Landlord and Tenant Advisory Board
800 MacLeod Trail South
Box 2100, Station M (8113)
Calgary, Alberta T2P 2M5
Phone: 268-4656

Canmore Landlord and Tenant Advisory Board
Box 460
Canmore, Alberta T0L 0M0

Cardston Landlord and Tenant Advisory Board
Box 280
Cardston, Alberta T0K 0K0

Edmonton Landlord and Tenant Advisory Board
Musial Building, 10237 - 98 Street
Edmonton, Alberta T5J 0M7
Phone: 428-2525

Fort McMurray Landlord and Advisory Board
c/o Family and Community Support Services
Room 15, 9601 Franklin Avenue
Fort McMurray, Alberta T2H 2J8
Phone: 743-5000

Jasper Landlord and Tenant Advisory Board
c/o Family and Community Support Services
Box 1090
Jasper, Alberta T0E 1E0
Phone: 852-3381

Lethbridge Landlord and Tenant Advisory Board
Bill Kergan Centre, 207 - 13th Street N.
Lethbridge, Alberta T1H 2R6
Phone: 320-3849

Medicine Hat Landlord and Tenant Advisory Board
City Hall, 580 - 1st Street S.E.
Medicine Hat, Alberta T1A 8E6
Phone: 529-8308

Red Deer Landlord and Tenant Advisory Board
205 Toronto-Dominion Bank Building
4921 - 49th Street
Red Deer, Alberta T4N 1V1
Phone: 343-0410

Legal Services

If you need a lawyer but do not know one, call the **Lawyer Referral Service** toll free at 1-800-661-1095.

If you require legal help but cannot afford a lawyer, contact

Calgary Legal Guidance
100615 - MacLeod Trail S.E.
Calgary, Alberta T2G 4T8
Phone: 234-9266

Legal Aid Society of Alberta

Calgary Area	900, 815 - 8th Avenue S.W. Calgary, Alberta T2P 3P2 Phone: 297-2260
Edmonton Area	300 Revillion Building, 10320 - 102 Avenue Edmonton, Alberta T5J 4A1 Phone: 427-5909
Fort McMurray	#711 West Tower, 9915 Franklin Avenue Fort McMurray, Alberta T9H 2K4 Phone: 743-7356
Grande Prairie	#1301 Provincial Building, 10320 - 99 Street Grande Prairie, Alberta T8V GJ4 Phone: 538-5470
Hinton	215 Pembina Avenue Box 6037 Hinton, Alberta T7V 1X4 Phone: 865-6239
Lethbridge	315, 400 - 5th Street S. Bag 3014 Lethbridge, Alberta T1J 4C7 Phone: 381-5194
Medicine Hat	Room 203, 132 - 4th Avenue S.E. MedicineHat, Alberta T1A 8B4 Phone: 529-3553

Peace River	Provincial Building 9621 - 96 Avenue Box 6, Bag 900 Peace River, Alberta T8S 1T4 Phone: 624-6250
Red Deer	6th Floor, Provincial Bldg., 4920 - 51 Street Red Deer, Alberta T4N 6K8 Phone: 340-5119
St. Paul	Room 201, Plaza II Building 4341 - 50th Avenue St. Paul, Alberta T0A 3A0 Phone: 645-6205
Wetaskiwin	Main Floor Provincial Bldg. 5201 - 50 Avenue Wetaskiwin, Alberta T9A 0S7 Phone: 352-7011

Legal Education

For reference materials and legal information, contact

Edmonton Area	**Legal Resource Centre** 10049 - 81 Avenue Edmonton, Alberta T6E 1W7 Phone: 492-5732
Calgary Area	**Dial-A-Law** Room 100, 615 MacLeod Trail S.E. Calgary, Alberta T2G 4T8 Phone: 234-9022 Toll Free 1-800-332-1091

Public Trustee

The Public Trustee administers estates of mentally incapacitated persons who are patients in mental health facilities or who have been declared incapable of managing their financial affairs by the courts.

Contact the **Public Trustee for the Province of Alberta, Department of the Attorney General** for information:

Edmonton Area	4th Floor, J.E. Brownlee Building 10365 - 97 Street Edmonton, Alberta T5J 3Z8 Phone: 427-2744
Calgary Area	20100 AGT Tower 411-1 Street S.E. Calgary, Alberta T2G 4Y5 Phone: 297-6541

For toll free RITE access refer to your local AGT telephone directory listing under Government of Alberta.

■ Leisure, Sports, and Travel

■ Travel and Vacation

Personal vacation counselling is available toll free from Alberta Tourism at 1-800-222-6501.

Vacation counsellors can provide up-to-date information on travel opportunities, wheelchair accessible accommodations, campgrounds and attractions.

■ Camping for Persons with Disabilities

Alberta Camping Association
Percy Page Centre, 11759 Groat Road
Edmonton, Alberta T5M 3K6
Phone: 453-8570

Alberta Camping Association
207, Toronto Dominion Building
4921 - 49 Street
Red Deer, Alberta T4N 1V2
Phone: 342-2266

Alberta Rehabilitation Council for the Disabled
410, 5920 - 1A Street S.W.
Calgary, Alberta T2H 0G3
Phone: 259-2602

Canadian Foundation for Poliomyelitis and Rehabilitation
Alberta Chapter
2020 - 15 Street N.W.
Box 3067, Station B.
Calgary, Alberta T2M 4L6
Phone: 284-1161

Canadian Mental Health Association
100, Sigma Place, 12120 - 106 Avenue
Edmonton, Alberta T5N 0Z2
Phone: 482-6091

Canadian Mental Health Association
412 St. Michael's Building, 1412 - 9 Avenue
Lethbridge, Alberta T1J 4C5
Phone: 329-4775

Camp Health, Hope and Happiness
Box 97
Seba Beach, Alberta T0E 2B0
Phone: 429-3277

Canadian Diabetes Association
3rd Flr. 603 - 11 Ave. S.W.
Calgary, Alberta T2R 0E1
Phone: 263-9010

Canadian Diabetes Association
206, 10240 - 124 Street
Edmonton, Alberta T5N 3W6
Phone: 482-2307

Handicapped Freedom Tours Society of Alberta
Box 769
Crossfield, Alberta T0M 0S0
Phone: 946-5782

Hemophilia Association
29 Glencoe Boulevard
Sherwood Park, Alberta T8A 2Z7
Phone: 467-9299

Kinsmen Camp Horizon
Box 37
Bragg Creek, Alberta T0L 0K0
Phone: 949-3818

Kinsmen Camp Horizon
315 Kingsway Garden Mall
Edmonton, Alberta T5G 3A6
Phone: 471-4510

Michener Centre
Box 5002
Red Deer, Alberta T4N 5Y5
Phone: 343-5211

Pax Natura Ranch for the Deaf
11460 - 60 Avenue
Edmonton, Alberta T5H 1J5
Phone: 434-1671
435-7788 (Voice & TTY)

Recreation Developmental Division
Recreation and Parks
9th Floor, Standard Life Centre
10405 - Jasper Avenue
Edmonton, Alberta T5J 3N4
Phone: 427-2001
For toll free RITE access refer to your local AGT telephone directory listing under Government of Alberta.

William Watson Lodge
Peter Lougheed Provincial Park
General Delivery
Seebe, Alberta T0L 1X0
Phone: 591-7227
(See also page 34)

Young Men's Christian Association
101 - 3rd Street S.W.
Calgary, Alberta T2P 4G6
Phone: 237-9622

Young Men's Christian Association
302, 10826 - 124 Street
Edmonton, Alberta T5M 0H3
Phone: 452-9204

Young Men's Christian Association
9913 Biggs Avenue
Fort McMurray, Alberta T9H 1S7
Phone: 743-9622

Young Women's Christian Association
Special Camp
320 - 5 Avenue S.E.
Calgary, Alberta T2G 0E5
Phone: 263-1550

When making holiday arrangements, discuss special health needs with carriers or travel agents. For information on travel agents specializing in services for physically disabled individuals or groups and lists of accommodation with wheelchair access, contact the

Canadian Paraplegic Association

Edmonton Area
Box 20
11th Floor, 5555 Calgary Trail Southbound
Edmonton, Alberta T6H 5P9
Phone: 438-5046

Calgary Area
185 Riverbend One
200 Rivercrest Drive S.E.
Calgary, Alberta T2C 2X5
Phone: 236-5060

Facilities and Organized Sports Programs

Alberta Association for Disabled Skiers
Percy Page Centre, 11759 Groat Road
Edmonton, Alberta T5M 3K6
Phone: 453-8690

Alberta Association for the Dependent Handicapped
6312 Fulton Drive
Edmonton, Alberta T6A 3V3
Phone: 466-6258

Alberta Cerebral Palsy Sports Association
278 - 51112 Range Road 222
Sherwood Park, Alberta T8C 1G9
Phone: 922-5021

Alberta Deaf Sports Association
Deaf Community Centre, 10004 - 105 Street
Edmonton, Alberta T5J 1C4
Phone: 425-0936

Alberta Society for the Visually Impaired
1260 Memorial Drive N.E.
Calgary, Alberta T2P 1K0
Phone: (Evenings only) 948-3469

Alberta Special Olympics Association
Percy Page Centre, 11759 Groat Road
Edmonton, Alberta T5M 3K6
Phone: 453-8520

Alberta Sports and Recreation Association for the Blind
Percy Page Centre, 11759 Groat Road
Edmonton, Alberta T5M 3K6
Phone: 453-8567

Aquatic Program Vocational Rehabilitation Research Institute
3304 - 33 Street N.W.
Calgary, Alberta T2L 2H6
Phone: 284-1121, Extension 331

Associated Canadian Travellers Recreation Centre for the Disabled
c/o Edmonton Park and Recreation
Rundle Park, 2909 - 113 Avenue
Edmonton, Alberta T5W 4X3
Phone: 428-7901/474-2065 (TTY)

Calgary Disabled Sports and Recreation Club
219 Rundlewood Close N.E.
Calgary, Alberta T1Y 2P2
Phone: 293-0032(Residence - 24 hour answering)

Canadian Wheelchair Sports Association -Alberta Section
Percy Page Centre, 11759 Groat Road
Edmonton, Alberta T5M 3K6
Phone: 492-3182

Lethbridge Handicapped Riding Association
Bill Kergan Centre, 207 - 13 Street N.
Lethbridge, Alberta T1H 2R6
Phone: 328-2165

Little Bits Riding Club
11442 - 101 Street
Edmonton, Alberta T5G 2A8
Phone: 474-5705 / 428-8424

Paralympic Sports Association
110, 10235 - 124 Street
Edmonton, Alberta T5N 1P9
Phone: 488-0151

Rehabilitation Society of Calgary
1112 Memorial Drive N.E.
Calgary, Alberta T2E 4Z2
Phone: 263-8341

Roland Michener Recreation Centre
Box 5002
Red Deer, Alberta T4N 5Y5
Phone: 340-5211

Southern Alberta Wheelchair Sports and Recreation
1431 - 16 Avenue N.
Lethbridge, Alberta T1H 4B9
Phone: 320-6615

For more information on available recreation and sport opportunities, contact local recreation departments, YMCAs, and YWCAs.

■ Members of The Legislative Assembly of Alberta (MLA)

MLAs are the elected representatives of the people of Alberta. These representatives meet in session to debate and enact laws and administer policies which affect this province and its citizens.

Should any problem arise involving these laws and policies, the need for new legislation, or any situation you cannot solve yourself, call your MLA.

Contact the RITE representative in your area (listed under Government of Alberta in your AGT telephone directory) for your MLA's address and phone number.

Telephone Communications

Alberta Government Telephones (AGT) can assist you if you need help with motion, hearing, seeing, or being heard. Services include

- Operator Services
- Directory Assistance
- Reduced Long Distance Rates
- AGT Relay Services for the Deaf

  1-800-855-1155 (If you have a TDD)
  1-800-855-1166 (If you are a hearing person and do not have a TDD).

For consultation, information, technical-aid experimentation and technical aids, visit or call collect one of the two

AGT Special Needs Centres

Edmonton Area
10023 - 102 Avenue
Edmonton, Alberta
Phone: (Voice) 493-2700
(TDD) 493-2706

Calgary Area
Main Floor, 411 - 1 Street S.E.
Calgary, Alberta
Phone: (Voice) 530-5167
(TDD) 264-5054

Edmonton Telephones (ED TEL) also provides the following services for special needs citizens of Edmonton:

- Hard of Hearing Coin Stations
  - certain payphones have handsets for the hard-of-hearing. For exact locations, telephone 441-7140.
- Message Relay Centre
  - allows both users of special telephone devices and the general public to relay messages for the hearing and speech impaired through a trained operator. Telephone 429-4900 (Voice).
- Telephone equipment for hearing, sight, speech or motion impairments is available. Call 441-2595.
- Exemptions from directory assistance charges are also available for the medically handicapped. Call the residential office at 423-2500 for information.

Call AGT or ED TEL for TDD (Telecommunications Devices for the Deaf) listings.

Transportation

Driver Training Program

A Driver Training Program for physically disabled adults is available at no charge to residents of Alberta and is covered by the Alberta Health Care Insurance Plan. Contact

The Glenrose Hospital
Occupational Therapy Department
10230 - 111 Avenue
Edmonton, Alberta T5G 0B7
Phone: 471-2262

Vehicle Adaptation

For information on the adaptation of vehicles for physically disabled drivers, contact the

Canadian Paraplegic Association

Edmonton Area
1120 Weber Centre, 5555 Calgary Trail
Box 20
Edmonton, Alberta T6H 5P9
Phone: 438-5046

Calgary Area
185 Riverbend One
200 Rivercrest Drive S.E.
Calgary, Alberta T2C 2X5
Phone: 236-5060

Local Transportation

Many communities throughout the province offer special transportation services for anyone who cannot use regular means of transportation. For information, call the Community Information Centre (see page 40) or Alberta Family and Social Services municipal office (see page 41) in your area.

■ Volunteer Opportunities

If you wish to volunteer your time, or if you need the assistance of a volunteer, contact

Calgary Area	**Volunteer Centre of Calgary** #201, 110 - 11 Avenue S.E. Calgary, Alberta T2G 0X5 Phone: 265-5633
Edmonton Area	**Volunteer Action Centre** 9844 - 110 Street Edmonton, Alberta T5K 2J2 Phone: 482-6431
Fort McMurray	**Community Information and Volunteer Centre** Room 15 Peter Pond Community School 9601 Franklin Avenue Fort McMurray, Alberta T9H 2J8 Phone: 743-7000
Grande Prairie	**Volunteer Services Bureau** #100, 10124 - 101 Avenue Grande Prairie, Alberta T8V OY2 Phone: 538-2727/538-2707
Lethbridge	**Community Volunteer Centre** 207 Bill Kergan Centre 13 Street North Lethbridge, Alberta T1H 2R6 Phone: 320-2044
Sherwood Park	**Strathcona County Information and Volunteer Referral Centre** 1008 Village Drive Sherwood Park, Alberta T8A 4V6 Phone: 464-4242
St. Albert	**Volunteer Resource Centre** 4 Englewood Square 11 - Bellerose Drive St. Albert, Alberta T8N 5C9 Phone: 459-6666

■ Voting (Provincial Elections)

For information on voting eligibility, advance poles accessible to physically disabled persons, proxy voting, or write-in voting, call the returning officer in your electoral division. This number will appear in the newspaper when an election is called. If you require transportation to vote, call any candidate's campaign headquarters for information.